



Dec 9-10, 2023 Cadet Training Weekend – Naval Communications and Small Craft Operator Training

Dear Parents/Guardians,

An important training weekend for all cadets is taking place **December 9 and 10, 2023**. Our focus will be the **Small Craft Operator Program (SCOP)** where cadets learn about **Boating Safety, Naval Communications, Marine Radio Procedures**, useful **knots** and more! Cadets can earn Qualification Badges for Communicator Level 1, 2, and 3 by demonstrating their knowledge during evaluations. This is also a great weekend for new/junior cadets to participate in team-building with senior cadets leading activities/classes. Sea Cadets from Windsor will be joining us for the weekend.

Bus Departs HMCS PREVOST: 8:00 AM Saturday December 9, 2023 (**Please arrive at 7:50 AM on Saturday**).

Bus Returns to HMCS PREVOST: 5 PM Sunday December 10, 2023.

Note: A small group of senior cadets will be selected to prepare training supplies on Friday and depart Friday evening.

Cost: There is no fee/cost to cadets for this weekend – transportation, meals and accommodations are provided.

Meals: Meals throughout the weekend are provided (Saturday lunch, supper, snacks; Sunday breakfast, lunch, snacks)

Medication: Please bring any medication your cadet requires and/or instructions to the office Saturday morning.

Supervision: Supervision will be provided by members of our staff. Senior cadets will assist with supervision.

Accommodations: Sat – Sun with overnight at the Lambton Centre which has washroom, shower, and heated cabins).

Dress: Cadets are to arrive in **Sea Training Uniform** (black T-shirt, blue long-sleeve shirt, rank slip-ons, cadet pants, belt wool socks, boots) with **Parkas, Toques and Gloves (black gloves)**.

Kit List (Items to Pack and bring):

Ontario Provincial Health Card – must bring this to attend	
Required Medication (with instructions)	
Details of any special meal requirements (allergies etc.)	
Athletic/hiking shoes or boots (it may be cold and/or muddy)	
Socks x 2 pairs	
Under garments x 2 pairs	
2 nd Cadet Black T-shirt (for Sea Training Uniform – STU)	
Cadet Ball Cap for STU uniform	
Sleepwear / pajamas	
Pillow Case & Pillow	
Sleeping Bag (bunk beds are provided, bedding is not)	
Towel (for shower) and wash cloth	
Soap / Body wash	
Shampoo	
Toothbrush & toothpaste	
Deodorant	
Shower shoes (flip-flops/Crocs etc.)	
Duffle or Gym Bag or small suitcase - labelled with name	
Flashlight (with fresh/charged batteries)	
Backpack/bag for day use	
Sports clothes for evening (track pants, sweatshirts)	
Notebook, pen	
Water bottle - this is a must bring to stay hydrated	

Do NOT Bring:

- Laptops, iPads, jewelry, money
- body sprays/perfumes – due to sensitivities others have, please leave these at home
- items containing peanuts – due to allergies
- Snacks/drinks – food is not permitted in sleeping quarters as it attracts wildlife

Cell Phones:

- Cadets may bring Cell Phones at their own risk of loss/damage
- Cell Phones are not to be used during training activities
- Cadets will be able to call/send messages to parents for arrival and departure and as needed over the weekend

During the weekend please email info@londonseacadets.com to reach us or your cadet – staff have access to the email via mobile devices and we will check for emails frequently over the weekend. Please email us if you have any questions before the weekend.

Regards,

Sarah Lavigne, CD
 Lieutenant (N)
 Commanding Officer